

PATIENT INSTRUCTION PAGE

PRE- PROCEDURE

1. INFORM US ABOUT ALL BLOOD THINNERS YOU TAKE, THESE INCLUDE BUT ARE NOT LIMITED TO: ASPIRIN, PLAVIX, PLETAL & COUMADIN

ALL NEED TO BE STOPPED FOR VARIOUS LENGTHS OF TIME

2. TAKE YOUR ANTIBIOTIC PILLS BEFORE YOU LEAVE THE HOUSE THAT MORNING

3. BRING ALL OTHER MEDICATIONS PRESCRIBED FOR THE PROCEDURE

4. HAVE A LIGHT BREAKFAST

5. SHOWER WITH ANTISEPTIC SOAP THAT MORNING

6. WEAR OR BRING LOOSE FITTING "GYM SHORTS"

7. BRING YOUR PRESCRIBED COMPRESSION/JOBST STOCKINGS WITH YOU

8. HAVE SOMEONE DRIVE YOU

POST- PROCEDURE

1. STOCKING NEEDS TO REMAIN IN PLACE UNTOUCHED FOR 24 HOURS

2. STOCKING NEEDS TO BE WORN FOR ONE WEEK, BUT CAN BE REMOVED FOR SLEEP OR SHOWERING ONLY

3. IBUPROPHEN OR TYLENOL FOR MILD PAIN, PRESCRIPTION FOR MORE INTENSE PAIN

4. REST WITH ELEVATION REMAINDER OF PROCEDURE DAY

5. RETURN TO NORMAL ACTIVITIES OR WORK NEXT DAY

6. SCHEDULE OFFICE FOLLOW UP VISIT AFTER LAST PROCEDURE DONE

7. CALL 716 483 1361 FOR ANY PROBLEMS